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HEALTHY EATING: TOXINS & CHEMICALS

A free lecture by
Dr. Cheryl Wong

ANN ARBOR COMMUNITY ACUPUNCTURE
2500 PACKARD ST. STE 100
ANN ARBOR, MI 48104

Sat. 3/5 2:30 pm-3:30 pm

This is the second lecture in a 3-part series on healthy eating. What we eat becomes a part of us. Our food is produced in a more and more toxic world. Learn about how to limit your exposure, and how to eliminate toxins through food.

Dr. Wong is a naturopathic doctor and Chinese medicine practitioner. Her practice focuses on wellness and disease prevention. She applies the use of diet therapy, exercise, lifestyle hygiene, nutrient therapy, botanicals, Chinese herbs, and acupuncture.

**TO RESERVE YOUR SPOT, CALL (734) 780-7253
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